

# GENERAL CAMP OVERVIEW

The General Camp program is for campers entering Grade 2 to 8 in the upcoming school year. General Camp activities include swimming, field and court sports, forest games, crafts, archery, yoga, nature walks, disc golf, talent show, and more! The best part of General Camp is that campers get to choose which activities they would like to do and never have to go to an activity that they don't enjoy.



[CHECK OUT OUR GENERAL CAMP OVERVIEW VIDEO](#)

[CHECK OUT OUR 2025 DATES & RATES](#)

Sending your camper to a full-day outdoor camp is exciting but can raise questions. Visit our FAQ page or email us at [registration@kidsinc.ca](mailto:registration@kidsinc.ca) for additional information about camp. We look forward to speaking with you and can't wait to meet your camper(s) this summer! [REGISTER HERE](#)

## DAILY SCHEDULE EXAMPLE

7:00 - 8:45 am	<a href="#">Car to Camp Dropoff</a>
9:00 am	<a href="#">Buses Arrive</a>
9:30 am	Period 1: <a href="#">Activity Choice or Swim*</a>
10:30 am	Snack
11:00 am	Period 2: <a href="#">Activity Choice or Swim*</a>
12:00 pm	Lunch
1:00 pm	Period 3: <a href="#">Activity Choice or Swim*</a>
2:00 pm	Snack
2:30 pm	Period 4: <a href="#">Activity Choice or Swim*</a>
3:30 - 4:00 pm	<a href="#">Buses Load and Depart</a>
4:15 - 6:00 pm	<a href="#">Car to Camp Pick Up</a>

### Activity Choice can include:

Forest games, crafts, disc golf, open sports, bingo, playground, nature walks, yoga, soccer, baseball, softball, ball hockey, fort building, talent show, archery.

\* **Swimming in our pond or pool occurs once a day and campers rotate by table**

