

# **TREETOP TREKKING INFO PACKAGE**



## **WELCOME**

**This program has strict height restrictions (minimum 55 inches in height) and requires pre-registration, specific Treetop Trekking waiver, and spaces are limited.**

Hello Kids Inc Families! We are very excited to be offering two different trips to Treetop Trekking Brampton for campers 9 years of age and older who meet the age and height restrictions.

Would you love to trek through the canopy of a beautiful forest overlooking a lake? How about flying along a Zip Line or climbing across a wobbly wood bridge 20 feet in the air? If all of this sounds cool, our Treetop Trekking trip is the program for your camper!

Does your camper love riddles? How about trekking through the forest following a compass looking for hidden clues? Would they love to top the day off with a beautiful zip line overlooking the lake? If all of this sounds like fun, our GPS Rally with Zip Line trip is the one for your camper!

In this Document you will find the following information:

- What to Expect
- The Recommended Packing List
- Schedule, Safety Systems in Place
- FAQs
- Treetop Trekking Brampton Info and Waiver form

## **WHAT TO EXPECT**

At first glance, the Treetop Trekking Courses can look a little overwhelming as they are made up of zip lines, Tarzan swings, balance logs, bridges and other unique and exciting challenges. However, the courses are at various heights and range in difficulty from beginner to expert so there is truly something for just about everyone. There is even a lesson on a training course that is only 6 ft from the ground, so campers get a chance to feel what it's all about! Remember though, no camper is ever forced to participate. If your camper goes on this trip and chooses not to participate we will be ready with a deck of cards and a counsellor to keep them company, however, it is best to only register them if this is something that they are passionate about.

If your camper is registered for the GPS Rally with Zip Line Trip, they will have two components to their day. The first is a zipline through the trees and over Heart Lake, following the brief orientation on the Treetop training course. Following their zipline activity, they will participate in a geocaching adventure, where their team will be given a compass and a starting point, and the team will use the compass to navigate through the forest area (under the Treetop course) and find clues hidden around the park. They will use each clue to solve a riddle, and then continue to navigate the park, looking for clues and solving riddles.

In order to reduce the initial shock and subsequent fear, we highly recommend that you as a Parent/Guardian take the time to show your camper(s) the Treetop Trekking website, where your camper(s) can see photos and videos of what to expect!

## **WHAT TREETOP TREKKING BRAMPTON PROVIDES**

- ✓ Harnesses
- ✓ Helmets
- ✓ How to Treetop Trek lesson
- ✓ Competence test to be cleared for courses
- ✓ Certified guides and helpers on the courses
- ✓ Treetop Trekking Managers are on site and always ready to help if required

## WHAT TO PACK FOR THE TRIP

- Water bottle (it is very important to stay hydrated when physically and mentally active!)
- Rain gear (even if there is only a small chance of rain!)
- A good hearty lunch with lots of snacks! (It's a lot of work up there!!)
- Sunscreen and bug spray

**PLEASE NOTE:** if your camper is on the full week catered lunch program, lunch will be provided for them on the trip. **However,** we do suggest sending hearty snacks and extra beverages from home!

- Comfortable athletic clothing suitable for the temperatures that day must be worn
- Close-toed shoes like running or hiking shoes.
- Hair ties if your camper has long hair, as it should be tied back at all times
- Optional, tight fitting gloves can help with comfort throughout the time on the courses.
- Prior to the week of your camper attending our program please submit the signed TREETOP TREKKING WAIVER FORM in this package via scan and email to our office.

## **TREETOP TREKKING - SCHEDULE**

Campers who add this option to their registration will come to camp at Kids Inc Camp at the usual hour on the day of the trip. If you are late for camp on the day of the trip you will risk missing the bus. The bus will leave promptly at 9:00 AM please be at camp prior to 9AM on the day of the trip. Thank you!

**9:00 AM:** Attendance in regular camp groups and all campers booked for the trip will be sent to designated areas for departure.

**10:00-10:15 AM:** Campers arrive at Heart Lake Conservation area. They will put their lunches and bags in a specific location that has been reserved for Kids Inc. Campers will then have their morning snack picnic style at the beautiful park before getting harnesses and helmets.

**10:45 AM to 11:15 AM:** Campers are run through safety orientation course - Campers are tested individually (campers who fail are re-taught and re-tested)

**11 AM to 3 PM:** During this 4 hour block of time we will have full use of the ropes and zip lines. We will break at different times during the day for snacks and lunches.

**2:00-2:30 PM:** Final attendance and last snack. Prep to leave the park.

**3:00 PM:** Back at camp

## **GPS RALLY AND ZIPLINE SCHEDULE**

Campers who add this option to their registration will come to camp at Kids Inc Camp at the usual hour on the day of the trip. If you are late for camp on the day of the trip you will risk missing the bus. The bus will leave promptly at 9:00 AM please be at camp prior to 9AM on the day of the trip. Thank you!

**9:00 AM:** Attendance in regular camp groups and all campers booked for the trip will be sent to designated areas for departure.

**10:00 AM -10:30 AM:** Campers arrive at Heart Lake Conservation area. They will put their lunches and bags in a specific location that has been reserved for Kids Inc. Campers will then have their morning snack picnic style at the beautiful park before getting harnesses and helmets for the Treetop.

**10:30 AM to 12:30 PM:** Campers are run through safety orientation course for the zipline component of the day. Campers are tested individually and those who fail are re-taught and re-tested. Following the orientation, campers will climb through the course to the zip line over Heart Lake.

**12:30 PM to 1:00 PM:** Lunch (if time permits)

**1:00 PM to 2:30 PM:** Geocaching adventure! Campers will be in groups and will travel through the park, following a GPS on an electronic compass that guides them through the Heart Lake Conservation Area (within the Treetop park) and leads them to hidden riddles. Together, teams will have to find and solve all the riddles before the time runs out! If there is time, last snack will be eaten at the end. If not, it will be eaten on the bus.

**2:30 PM:** Final attendance, load buses, leave park.

**3:00 PM:** Back at camp.

## **SAFETY SYSTEMS IN PLACE**

We at Kids Inc recognize that an out trip to a busy Conservation Area presents very different safety concerns and challenges that are very unique from our usual day time programming. In order to address those concerns we have the following systems in place:

- All safety equipment is inspected daily by Treetop Trekking Guides to ensure that it is in safe working order; all helmets are disinfected after each use
- Kids Inc Staff and Supervisor/Manager on site at all times
- 10:1 Staff ratio
- Supervisor takes any camper medication on the trip and it is kept in a safe, accessible location
- All campers must pass the Treetop Trekking safety course prior to entering any main courses
- Bathroom breaks done in groups with a staff member
- Attendance taken multiple times throughout the day, including food and water monitoring
- Age and height restrictions for program enrolment and particular course usage

## **FAQs**

### **-What if it rains?**

Just as we operate our day-to-day programming, we at Kids Inc believe that we can operate in almost any weather and appropriate clothes should be packed for any forecasted weather. That being said, due nature of the trip and the involvement of trees and metal cables, if a thunderstorm hits, campers will be returned to camp if it cannot be waited out in a reasonable amount of time.

### **- What happens if my camper gets sick?**

If it is a simple tummy ache or headache, a camper can remain in the shade with the picnic tables in the shade with a supervisor. In an emergency situation, the Manager/Supervisor on duty will call camp owners and/or EMS if required.

### **Can my camper purchase lunch/snacks on the trip?**

No, there is nowhere for campers to purchase a lunch or snacks at Treetop Trekking Brampton. Campers will have a chance to by snack at the Snack Shack upon their return to camp in the afternoon, time permitting. Please do not plan on your camper purchasing snack for the trip prior to leaving.

### **My camper requires Medication, how is this handled during the trip?**

If your camper requires medication to be administered at camp, you will have already told us about that during the registration process on your camper health form. If you feel that you need to add more detail specifically for the purpose of this offsite trip please edit your health form online by logging into your profile. Any medications you have made us aware that your camper needs to have with them at all times while at camp will be sent with them on the trip. The Kids Inc Supervisor who is on the trip with your camper will ensure that medication is administered. If you have any questions about this please contact our office well in advance of the trip date.

## **QUESTIONS?**

Call us at 519-855-6074 or 1-800-690-7085 or e-mail us at [registration@kidsinc.ca](mailto:registration@kidsinc.ca) You can you also refer back to our website at [www.kidsinc.ca](http://www.kidsinc.ca) for more information about the program.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT**

**BY SIGNING THIS DOCUMENT YOU WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO  
SUE. PLEASE READ CAREFULLY!!!**

Initial

**TREETOP TREKKING AERIAL COURSES IN THE FOREST**

Date:

Location : Heart Lake Conservation Area, Brampton Ontario

First name of participant

Last name

Address

City

Province

Postal Code

Telephone number

Date of Birth

Emergency Contact : Name :

Allergies (Life Threatening)

Emergency Contact: Phone # :

Medical Conditions

Medications

**TO: TREETOP TREKKING HEART LAKE INC. and TORONTO and REGION CONSERVATION AUTHORITY and their respective affiliates, directors, officers, employees, agents, volunteers, independent contractors, representatives, successors and assigns (collectively hereinafter referred to as the "RELEASEES").**

**DEFINITIONS**

1. The term "Activities" shall include all activities, events or services provided, arranged, organized, conducted, sponsored or authorized by the RELEASEES and shall include, but is not limited to participating in aerial adventure park courses, tree climbing, zip-lining, hiking, observing or otherwise moving on or around the premises of the RELEASEES or any other such activities, events or services in any way connected with or related to the RELEASEES.

**SAFETY ACKNOWLEDGMENT**

2. I acknowledge that I am required to wear the provided and approved harness and helmet and/or other safety equipment while participating in the Activities. I am aware that there are Guides available to answer any questions I may have about the proper use of the equipment. I am aware that the physical exertion required to participate in the Activities and the forces exerted on the body can activate or aggravate pre-existing physical injuries, conditions or congenital defects. I acknowledge that the level of participation is at all times completely up to the individual and I am the best and only judge of my degree of ability to participate in the Activities and I am conscious of the risks which I am exposing myself to voluntarily and with full knowledge of the facts.
3. I acknowledge having read the reverse of this document titled "PARK REGULATIONS" and I attest that I will attend the Mandatory Safety Orientation and devote my utmost attention to learning and applying all safety requirements and rules for participating in the Activities.

**ASSUMPTION OF RISKS**

4. I am aware that participation in the Activities involves inherent risks, dangers and hazards including, but not limited to slips and falls, falls from heights, difficult terrain, and/or man-made terrain, the use ofadders, adventure courses and zip-lines, impact or collision with trees, platforms or other natural or man-made objects, collision with other participants, guides or spectators, the failure to remain within designated areas, negligence of other participants and **NEGLIGENCE ON THE PART OF THE RELEASEES, INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN THE ACTIVITIES. I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE AND LOSS RESULTING THEREIN.** I am also aware that the risks, dangers and hazards referred to above exist throughout the Park and may be uncontrolled, unmarked and not inspected.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

5. In consideration of the RELEASEES agreeing to my participation in the Activities and permitting my use of their adventure park systems, equipment, parking and other facilities and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I HEREBY AGREE AS FOLLOWS:

- |   |         |
|---|---------|
| <p>(a) <b>TO WAIVE ANY AND ALL CLAIMS</b> that I have or may in the future have against the RELEASEES and <b>TO RELEASE THE RELEASEES</b> from any and all liability for any loss, damage, injury including death, or expense that I may suffer, or that my next of kin may suffer, either directly or indirectly as a result of my participation in the Activities and my use of the premises and facilities, <b>DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIERS' LIABILITY ACT, R.S.O. 1990, c.O.2, ON THE PART OF THE RELEASEES, AND FURTHER INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN THE ACTIVITIES.</b></p> | Initial |
| <p>(b) TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES for any claims or demands resulting from any property damage or personal injury to any third party, which might be made against the RELEASEES resulting from my participation in the Activities and my use of the aerial park, equipment, premises or facilities.</p>   |         |
| <p>(c) That this agreement shall be effective and binding upon my heirs, next of kin, administrators, assigns and representatives, in the event of my death or incapacity.</p>  |         |
| <p>(d) That this agreement shall be governed and interpreted in accordance with the laws of the Province of Ontario and any litigation involving the parties shall be brought within the Province of Ontario, and</p>   |         |
| <p>(e) In entering into this agreement, I am not relying on any oral or written representations or statements made by the RELEASEES with respect to the safety of the Activities, other than what is set forth in this agreement.</p>   |         |

I HAVE READ AND UNDERSTAND THIS AGREEMENT. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE THAT I AM AGREEING TO THE FOLLOWING:

- (i) THAT I AM ASSUMING ALL RISK OF INJURY, LOSS OR DAMAGE WITH RESPECT TO THE AERIAL PARK, THE EQUIPMENT, THE ACTIVITIES AND THE USE OF THE PREMISES AND FACILITIES;
- (ii) THAT I AM WAIVING ANY AND ALL CLAIMS ARISING FROM ANY CAUSE WHATSOEVER AGAINST THE RELEASEES, ON BEHALF OF MYSELF AND MY HEIRS, SUCCESSORS AND ASSIGNS; AND
- (iii) THAT I WILL INDEMNIFY THE RELEASEES IF ANY SUCH CLAIMS ARE BROUGHT AGAINST THEM.

Signature of Participant:

Signature of Parent or Guardian  
(if participant is under 18 years old)

Signature of TREETOP Witness

**THIS AGREEMENT MUST BE COMPLETED IN FULL, INITIALED,  
DATED, SIGNED AND WITNESSED BY US PRIOR TO  
PARTICIPATION IN THE ACTIVITIES!!!**

## PARK REGULATIONS

### Participants must observe the following points:

1. I must participate in the safety orientation before attempting the aerial courses or zip-lines.
2. Except when I am moving my safety lines between cables, I must always **REMAIN ATTACHED TO THE CABLES BY 2 CARABINERS. I MUST NEVER DETACH BOTH CARABINERS AT THE SAME TIME.**
3. I must observe the coloured tape attached to the cables and attach the carabiners to the correct cables.
4. I must respect any decision of the Park Guides.
5. Coloured bracelets are distributed according to the age and the height of each participant. I must wear the bracelet given to me at all times while participating in the Activities.
6. Children under the age of 15 years must be accompanied by an adult.
7. There must be no more than 2 participants on a platform at a time, and no more than 2 participants on a game at a time. **THERE MUST BE NO MORE THAN 1 PERSON ON OR ATTACHED TO A ZIP-LINE AT A TIME.**
8. It is formally forbidden to smoke anywhere in the Park.
9. It is forbidden, except with authorization to walk underneath the courses (outside of the trail).
10. I must respect my designated return time to the chalet.
11. Pregnant women and individuals with heart conditions should not participate in the Activities.
12. Individuals who are overweight and/or in poor physical condition should be conscious of their well-being while participating in the Activities and should cease participation if necessary.
13. **RAIN CHEQUES** will be provided if the Lead Guide determines that climbing cannot continue.
14. Treetop Trekking Heart Lake Inc. and its Guides reserve the right of exclusion, with no other form of warning or reimbursement, of any person who does not respect the Park Regulations and other rules.

Initial

\*We have implemented all means and personnel necessary to ensure your safety, but this also depends on your attitude in regards to respecting the instructions that have been clearly explained.

\*It is strongly advised before beginning the Activities that you tie back long hair, wear sport shoes and comfortable clothing. You are in a forest environment. The RELEASEES are not responsible in the case of marks or tears to clothing and shoes sustained in the courses. The RELEASEES reserve the right to interrupt the activities if they judge that the weather conditions demand it (see conditions of exchange at the cash). In case of doubt about any matter, do not hesitate to ask for advice from the Guides.

### **Cancellation / Refund policy - Individual and Group Policy**

Cancellation 3 days or less from reserved date = no refund; 4 days to 30 days = 50% refund; 31 days to 59 days = 80 % refund **unless rebooked – one rebooking opportunity only.**

If the number of climbers in your group is less than the number reserved, you will be charged for the full number reserved.

### **ACKNOWLEDGMENT**

**I AM IN GOOD PHYSICAL AND MENTAL HEALTH AND DO NOT SUFFER FROM ANY HANDICAPS OR PHYSICAL CONDITIONS THAT COULD CONSTITUTE A DANGER TO MYSELF OR OTHERS AS A RESULT OF MY PARTICIPATION IN THE ACTIVITIES, AND I ACCEPT TO PARTICIPATE IN THE ACTIVITIES FREELY.**

**PROMOTIONAL MATERIAL** – I acknowledge that pictures and/or video may be taken of me by the Releasees while I participate in the Activities. I give my permission to use my name, likeness, image, voice, and/or appearance as such may be embodied in any pictures, photos, video recordings, audiotapes, digital images, and the like, taken or made by the Releasees. I agree that the Releasee has complete ownership of such pictures, etc., including the entire copyright, and may use them for any purpose. These uses include, but are not limited to illustrations, bulletins, exhibitions, videotapes, reprints, reproductions, publications, advertisements, and any promotional or educational materials in any medium now known or later developed, including the Internet. I acknowledge that I will not receive any compensation, etc for the use of such pictures, etc., and hereby release the Releasees and its agents and assigns from any and all claims which arise out of or are in any way connected with such use.

I AM \_\_\_\_\_ YEARS OLD. IF I AM UNDER THE AGE OF 18, I HAVE THE WRITTEN PERMISSION OF MY PARENTS TO PARTICIPATE IN THE ACTIVITIES AND A PARENT OR GUARDIAN HAS SIGNED BELOW.

**Signature of participant:** \_\_\_\_\_

**Signature of parent or guardian:** \_\_\_\_\_